

**CORPUS CHRISTI SCHOOL**  
**Volunteer Coaches Application – Basketball**

**Please submit ASAP if interested in Coaching for the 2008/2009 School year. In the event we have 2 coaches submit an application for the same role, a vote of the Athletic Club and Coaching Committee will determine the final selection.**

**Name:** \_\_\_\_\_

**School year:** \_\_\_\_\_

**Please circle Team applying for: (1 of 6 CC Teams)**

**Boys Varsity Head Coach (A) Gold Team**

**Girls Varsity Head Coach (A) Gold Team**

**Boys Junior Varsity Head Coach (A) Gold Team (B) Gold Team**

**Girls Junior Varsity Head Coach (A) Gold Team (B) Gold Team**

**I am interested only in assisting the head coach: Yes No**

**Note: Coaching Silver Teams if created: (see document guidelines)**

**JV Boys**

**JV Girls**

- **Coaching experience: (Levels coached )**
  
  
  
  
  
  
  
  
  
  
- **Playing Experience:**
  
  
  
  
  
  
  
  
  
  
- **Post Season Experience:**
  
  
  
  
  
  
  
  
  
  
- **Have you ever had any disciplinary action taken against you as a Head coach or Assistant Coach?**

If yes, please explain.

- Coaching philosophy & style:
- What is your Motivational style:
- Explain how you communicate with Parents:

Have you read the attached expectations of the Players, Parents and Coaches and abide by these fundamental principles? YES NO

**Availability to coach:**

Days: \_\_\_\_\_

Timeframe that works best: 3:00 – 4:30, 4:30 – 6:00, 6:00 – 7:30, 7:30 -9:00

Signature: \_\_\_\_\_

Dated: \_\_\_\_\_

Please forward to Mrs. Borea in School office ASAP.

Thank you for your interest in the Corpus Christi School Athletic Program.

## **Expectations of Players at Corpus Christi**

### **Do your best in every practice and game**

*Give it your best and you will be your best. Give 100% effort 100% of the time.*

### **Be early for every practice and game**

*Your coach and teammates are counting on you. Be a team player. Be dependable. Let your coach know if you will be late or can't attend a game or practice.*

### **Honor and know the game**

*The more you know the better you will be. Basketball is a great game filled with lots rules. Understand and follow the rules of the game. Each year you will learn something new about basketball.*

### **Develop teamwork and a sharing attitude**

*There is no letter "I" in the word TEAM. It takes all the players working together to win in basketball. Lend a helping hand.*

### **Listen and learn from your coaches and teammates**

*We can all learn from each other. Don't be afraid to say "I don't know how coach. Would you teach me?" Watch the other players and learn from them.*

### **Pay attention at all times when you are playing the game**

*You have a job to do on every play no matter what position you play. Learn what that job is and be prepared.*

### **Cheer on and support all of your teammates**

*You need them and they need you to win. Cheer up your teammate when he makes an error or mistake. Congratulate your teammate when he makes a nice play.*

### **Hustle on and off of the court**

*Always hustle and keep your chin up – there is no walking on and off the court.*

### **Be a good sport at all times**

*Learn from losing as well as winning. Be a good winner and a good loser. Be a kind and caring person. Control your temper when you get upset or make a mistake. Develop self control. Behave appropriately on the bench and during practices.*

**Show respect for yourself, coaches, teammates, referees and parents**

*Just like in school – don't talk back or be mean to others. Don't act like a fool – be cool! Treat them the way you want to be treated.*

**Wear your uniform with pride**

*Tuck in your jersey and keep your shorts up. Take care of your uniform and equipment. Have pride in how you look.*

**Take responsibility for yourself**

*Know when you have practice or a game. Get ready without your parents having to tell you. Make sure you have your sneakers and uniform.*

*Practice at home.*

**Always be positive and HAVE FUN!!!**

## **Expectations of Coaches at Corpus Christi**

It is the utmost responsibility of the coach to create the best possible experience for players and parents. No one can be perfect in their approach, but we can make every effort to meet the expectations of those directly involved at Corpus Christi. Remember a coach is a teacher!!

AS A COACH I WILL MAKE EVERY EFFORT TO:

### **Create a safe and caring environment for players to learn, practice, and play**

*It all starts with you. You and your coaches are responsible for the well being of all your players.*

### **Model good sportsmanship and be a good role model**

*Kids learn by the examples set by their parents, teachers and coaches. Lessons learned from these early years stay with them for life. Help make those be positive examples that follow them throughout their lives.*

### **Never yell in anger, be sarcastic, or put a player down**

*Try to keep an even keel at all times and always be encouraging to all your players. Always use positive reinforcement!! Be positive in situations where there seems to be failure. Say something positive and encouraging while explaining mistakes or working on problems. You can be the determining factor in a player's confidence level. You can affect whether or not the player loves or hates the game. Don't turn them off with negativity!!! They are only young kids.*

### **Demonstrate poise, self-control, and self-confidence**

*They will do as you do!! Maintain the dignity of the person with whom you may be having a conflict. Never, ever get into a confrontation with anyone in the presence of the kids.*

### **Be honest with your players and don't be afraid to admit your mistakes**

*Kids can read phoniness better than you think. Don't make empty promises or go back on your word. If you can admit when you're at fault they will respect you and act the same way. Keep an open mind.*

### **Be kind, approachable, courteous and polite**

*They want to look up to you. Treat them the way you would want your child to be treated. Show them that you treat the parents and other adults the same way.*

**Communicate appropriately with parents**

*Always address problems offline when possible. Try to step back when a difficult situation occurs especially when things get heated up. Offer to discuss a problem after the game/practice privately. Never, ever make a scene in front of the kids!!! If things get out of hand you should use referees, league officials, etc. to help resolve the problem. Stay in control!!!!*

**Model a high level of respect for volunteers and referees at all times**

*You can discuss disagreements without losing control. If you don't show respect towards others your players won't either.*

**Provide all players the opportunity to learn and to play**

*It's not just about your child or those perceived as the "all-star" players. Your goal as coach should be to see improvement over the course of the season from every player on your team. Develop the weaker kids as well as the more talented kids and you'll be a winner!! Don't make rash judgments of kids' abilities early on. Some kids learn and blossom at different times. Some kids have a greater exposure to the game from home life (older siblings, a parent who coaches) than other kids. They may already know more about the game than some others. When teaching, never assume that all kids know what you're talking about. The ones who don't understand you may be embarrassed and afraid to let on to the other kids that they don't understand. Spell it out for them!!*

**Make every player feel like he/she is an important part of the team**

*It takes a team to win in basketball.*

**Be knowledgeable of the rules of the game**

*Make sure that you and your coaches know the rule book. Then teach the kids and parents. Show them the strategic nuances of the game.*

**Set clear, reasonable expectations and reachable goals**

*Set goals for practices and during the games. Don't expect your team to gel at the first practice. Set mid-season and end of season goals so that everyone can see their improvement over the course of the season.*

**Be fair to all players**

*Find the unpolished gem in each of them. Your skill as a coach is judged by how well you can get the kid who's struggling to succeed. Understand that progress and growth often comes one step at a time. Understand that players develop and improve at different rates. Help them want to improve.*

**Share ideas and expertise with other coaches**

*We're here to help all the kids from every team. Work together and the whole league will benefit from it.*

**Ensure that all players are instructed on safety.**

*Teach them to consider the safety of others as well as their own personal safety. Warm up the players before every practice and game. Teach them to take care of their bodies on and off the field.*

**Support the work of league officials, organizers, and volunteers**

*The league can't run without everyone's efforts. There are many good people giving of their free time too make things happen. Help out and be patient.*

**Honor the game**

*Basketball is a wonderful game filled with many traditions and subtleties. Be a voice that passes on the beauty of the game to the next generation and generations yet to come.*

**REMEMBER THAT THE GAME IS FOR THE PLAYERS!!**

## **Expectation of Parents at Corpus Christi**

### **Make every effort to attend your child's games**

*Seeing and hearing you support them helps build their confidence.*

### **Make every effort to get your child to games and practices on time**

*Teach the importance of being on time when the team is depending on you.*

### **Notify your child's coach if your child will be absent from a practice or game**

*Coaches need time to plan lineups and practices – be a team player.*

### **Be a positive and supportive parent for the coaches and team**

*Help out with your share of team duties, concessions, etc....*

### **Be a positive role model**

*Kids learn the most from the examples you set for them.*

### **Model good sportsmanship**

*Be a good sport if your child's team wins or loses.*

### **Never show frustration or get on another player or referee**

*You can't expect kids to exercise self control if you don't.*

### **Show dignity, respect, and support for coaches, referees, volunteers, players, and other parents**

*Always treat them with the same respect you would want them to give your child.*

### **Communicate with the coach in the appropriate ways**

*If you have an issue with your child's coach, be sure to communicate with him/her after the game away from others. Never make a scene in front of the kids! Call him/her the next day when things have settled down.*

### **Cheer for all of the players on the team**

*All for one and one for all! It takes a team to win!*

### **Cheer or acknowledge a nice play or effort by an opposing player**

*Teach them that good sportsmanship can coincide with spirited competition.*

### **Be there when your child is successful or when he is struggling**

*A pat on the back or a kind word from you can go a long way.*

### **Understand that the game of basketball is fast paced, very difficult to learn and play**

*It takes years of hard work and dedication – don't expect your child to learn it all in one or 2 seasons.*

**Look for opportunities to work with your child on the skills of the game**

*Learn together – they will remember your time together forever.*

**Honor and know the game**

*Basketball is a wonderful game filled with many intricacies and traditions. Have fun learning to respect the game with your child.*

**REMEMBER, IT IS JUST A GAME!! ALWAYS HAVE FUN!!**